

Nick Holtzman

“Health And Fitness Has Saved My Life.”

Education: University of Wisconsin-Milwaukee, Exercise Science
Certifications: NSCA-CPT, First Aid/CPR Certified.



Nick Holtzman became the new owner of Fitness Professionals in 2007 and has been truly blessed to be in a profession that positively affects so many people. In his 7 years in the health and fitness industry, he has helped hundreds of individuals get stronger, lose weight, improve health, and overall feel better about themselves. Nick has a special knack for bringing out the best in each client. With his special ability to motivate and inspire, Nick has found

that all people are capable of amazing things through dedication and hard work. The level of effort and dedication that his clients have shown him have proven to be just as inspirational to him as he has been to these clients; it truly is a give and take relationship. Nick plans to expand his company's services to as many gyms as possible and spread the positive experience that is health and fitness with his phenomenal staff and training.

“What a difference in my life (training with Nick) has made! I’ve lost over thirty pounds and have brought my blood pressure and cholesterol numbers down to desired levels. I consider our workouts the foundation of my health and fitness. My physical and mental health is in great shape because of Nick’s program, and at age 49, it truly is a blessing. Let’s keep it rolling!”-Mike Esser



“Working out with Nick has changed my life! The best part was seeing the results. My body composition changed completely and my energy level skyrocketed. As a busy mom of three, I am so happy with the change. I have more energy for my kids and they are proud of the changes they see in me!”-Jeanne Tarantino

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